
Mission trip update 4/11/26

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Just a quick thought for today.

Recently Gayl and I had the pleasure of spending time with our kids and grandkids in the hills of North Carolina. Because we were in the hills, any walking or hiking we did seemed to be either uphill or downhill. (mostly uphill if you ask me) It didn't take me long to realize that I am not in good shape (although my daughter tells me that round is a shape). I think I have about 3 months to improve my stamina in preparation for whatever God may have in store for me. Please pray for me.

thanks,
Steve

PS. Please respond to let me now that you're getting this message. If you're not getting it, then don't worry about responding.
Thanks again